

# IMPORTANT INFORMATION ABOUT YOUR SUMMER CLASS!

## ARRIVAL TIME

We ask that you enter the facility no sooner than **5 minutes** before your scheduled class. This will allow us to keep capacity numbers low, and allow those attending class prior to exit while still maintaining a social distance. We encourage those who have children that are old enough to be dropped off for class in the parking lot and picked up in our designated exit area after class.

## CLASS TIMES AND RATIOS

We have NEW class times this summer to ensure proper cleaning & sanitizing between activities. New class times are **9am, 10:30am, 3:30pm, 5:00pm, and 6:30pm**. We have decreased our class sizes to a 1 coach per 6 kids ratio. Preschool classes will have an assistant teacher to help with bathroom breaks, cleaning, etc.

## PICK UP & DROP OFF

Upon arrival of class, all athletes enrolled in a Flippers class or above will be asked to find their "homeroom" dot on the blue floor. Preschoolers will be asked to stay with their parent or guardian until class begins. A PBTC staff member will help direct children to the correct class homeroom. All athletes will return to their homeroom at the end of class, receive hand sanitizer, and will then be released one class at a time.

## SPOTTING DURING CLASS

Gymnastics could potentially be very dangerous if not given the proper spotting or direction from an experienced coach. For your child's safety, we are requiring all staff to spot any athlete that is learning a new skill during class.

## PARENTS & SIBLINGS

We are asking that only one parent or non-participating individual enter the building with their child. The play area for children, previously in our parent viewing area, has been removed. If your child is old enough, we encourage you to drop them off and pick them up in the parking lot or outside our exit door whenever possible.

## SOCIAL DISTANCING

We have restructured our classes to allow for social distancing. Each child will have their own gymnastics station and will rotate between stations to work each skill.

## HAND SANITIZING

We will be sanitizing all recreational athlete's hands at the beginning and end of their class. Parents of preschool-age children will be responsible for sanitizing their child's hands before and after class.

## ILLNESS & MASKS

Any athlete, staff, or parent that shows any sign of illness upon arrival or during training will be asked to leave immediately. Sick children will be quarantined and supervised in an owner's office until a parent arrives. Staff will be permitted, but not required, to wear masks based on their needs and comfort level. Children will not be permitted to wear masks or gloves during class, for safety purposes.

## CLEANING

We have always been committed to providing a clean and sanitary environment for our customers. However, we have added additional cleaning between classes and practices, extensive cleaning every night and a gym wide professional disinfecting that lasts seven days, once a week.

## WATER FOUNTAINS

Our water fountains will be closed for Summer 2020. Our hands-free water bottle filler will remain open. We encourage our athletes to bring a water bottle with them. However, please know that any water bottles left in the building at the end of each day will be thrown away without exception.

# IMPORTANT INFORMATION ABOUT SUMMER CAMPS!

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## CAMP SIZE & RATIOS

We have reduced our camp maximum size, and have scheduled additional coaches to help facilitate camp activities and social distancing.

## SPOTTING DURING CAMPS

Gymnastics could potentially be very dangerous if not given the proper spotting or direction from an experienced coach. For your child's safety, we are requiring all camp staff to spot athletes during their gymnastics rotations and activities as needed.

## SOCIAL DISTANCING

We have restructured our camps to allow for social distancing. Children will be given specific social distancing instructions during each activity.

## CLEANING & HAND SANITIZING

We have always been committed to providing a clean and sanitary environment for our customers. However, we have added extra cleaning between classes and practices, extensive cleaning every night and a gym wide professional disinfecting that lasts seven days, once a week. We will be sanitizing campers hands regularly between activities.

## ILLNESS & MASKS

Any athlete, staff, or parent that shows any sign of illness upon arrival or during training will be asked to leave immediately. Sick children will be quarantined and supervised in an owner's office until a parent arrives. Staff will be permitted, but not required, to wear masks based on their needs and comfort level. Children will not be permitted to wear masks or gloves during class, for safety purposes.

## WATER FOUNTAINS

Our water fountains will be closed for Summer 2020. Our hands-free water bottle filler will remain open. We require that all campers bring a refillable water bottle from home to use during camp throughout the day.

## ATTIRE

We ask that campers wear closed toe shoes or sneakers, as they will be outdoors periodically for games and activities. We also ask that campers pack a "craft shirt" for them to wear during craft time.

## SNACK & LUNCH

We ask that full day campers pack 2 snacks and 1 lunch, and half-day campers pack 1 snack. Preschool campers will have a snack provided to them.